

# How to pack a solid disc wheel into a Triathlon Aero EasyFit

\*Zip ties not included

To view the video please visit

[www.bikeboxalan.com/packing-your-bike-in-to-a-triathlon-easyfit](http://www.bikeboxalan.com/packing-your-bike-in-to-a-triathlon-easyfit)

1. Remove both original anti-crush poles by unscrewing silver bolt from the outside of the box & put in a safe place for when travelling with ordinary (front/rear) spoked wheels.
2. Place your Solid Disc (QR skewer removed) in the bottom of the bike box, cassette (cogs) facing downwards.
3. Cover with a foam layer.
4. Remove QR skewer from the front wheel, attach the disc anti-crush pole loosely to the front wheel with cable ties. Making sure the pole sits straight with the axel.
5. Secure the front wheel into the lid using the x 2 Velcro straps. IMPORTANT the wheel must be accurately centralized.
6. Secure the Bike frame on top of the foam as illustrated. **IMPORTANT** make sure the handlebars are vertical so that they do not impede closure of the lid. Using all the straps as illustrated. Make sure that the bike cannot move from side to side or up and down.
7. Now perform a trial closure of the box, peering through the semi closed bike box, check for alignment with the disc wheel axel. Adjust by tightening the cable ties.
8. Fasten the clasps, and perform a compression check with your hand. You should sense a 3mm to 5mm max gap between the pole and the lid of the bike box. If not adjust the pole accordingly. The total length of the pole should be **approximately 150mm**.
9. Next place the second piece of foam and the 2 Quick release skewers in the box. Plus any extra pieces of baggage.
10. Finally use the black plastic plugs to fill the holes where original anti-crush poles where, one on either side of the box.

